



For More Information:

Phone: 419-969-6099

E-mail: info@glseminars.com

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within 2 weeks (14 calendar days) of the seminar. Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

This course is also available as a private course for your staff. Please visit www.glseminars.com for more details.

2024 Course Schedule

- February 24-25, 2024 - Reno, NV
- July 27-28, 2024 - Richmond, VA
- November 23-24, 2024 - Lansing, MI

Please check our website for the most updated schedule: www.glseminars.com



**Manual Therapy
Treatment of the
Temporomandibular Joint**

2024



We Don't Just Teach. We Inspire.

75% Hands-On Training
Practice new techniques
with confidence

Passionate Instructors
Learn from specialized
instructors who truly care

The GLS Experience
Be part of a fun weekend
that will fly by

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Manual Therapy Treatment of the Temporomandibular Joint

Course Objectives

At the completion of the seminar, the participant will be able to:

- Given a patient record, quantify progress represented in the four objective measurement results for the treatment of the temporomandibular joint and cervical spine
- Correctly palpate the primary and accessory muscles of the temporomandibular joint and neck
- Design a treatment plan of care for the primary and accessory muscles of the temporomandibular joint and neck
- Correctly and independently perform at least 8 basic mobilizations of the temporomandibular joint and cervical spine as shown in the manual
- Design an instructional program or materials for posture, strengthening and stretching exercises for the temporomandibular joint and neck as shown in the manual



Katherine Tan,
PT, MS, OCS, CCTT

Katherine graduated with a Master of Science in physical therapy from the University of Alabama at Birmingham in 1999. She practices physical therapy in the areas of orthopedics and manual therapy and is certified as an Orthopedic Clinical Specialist (OCS) through the American Physical Therapy Association. In 2008, she became a Certified Cervical and Temporomandibular Therapist (CCTT). By earning this advanced specialty certification, Katherine has been recognized by the American Academy of Orofacial Pain for her dedication to the treatment of neck, jaw, and head pain. She currently works for Fishbein Physical Therapy in New York City and is enrolled in a residency program in Functional Manual Therapy.

Course Outline

Saturday

- 7:30am Doors Open
8:00am Lecture: Introduction, Anatomy: Bones, Joint, Articular Disk, Disk Attachments, Ligaments
10:15am Lecture: Anatomy: Primary Muscles of Mastication, Suprahyoid, Infrahyoid
11:30am Lecture: Motions of the TMJ
12:00pm Lunch (on your own)
1:00pm Lecture: Gathering Subjective Information
2:00pm Lab: Measure Posture, Observe Respiration, Inspection of Teeth, Measure Jaw Motions
3:00pm Lab: Palpate Joint Opening, Begin External Muscular Palpation and MFR
5:00pm Lab: Review of Evidence-Based Literature
5:30pm Adjourn

Sunday

- 7:30am Doors Open
8:00am Lab: Continue Muscular Palpation and MFR
9:30am Lab: Intraoral Palpation
10:15am Lab: TMJ Mobilizations
12:00pm Lunch (on your own)
1:00pm Lab: OA Joint Dysfunction, Cervical Joint Dysfunctions
3:45pm Lab: Case Studies/Speed Mobilizations/MFR
4:30pm Lab: Review of Evidence-Based Literature
5:00pm Adjourn

Continuing Education

Our courses are submitted for continuing education approval in the state in which they are held. Please check www.glseminars.com to ensure that the course you are planning to attend is approved in your state. Certificates of completion with the number of course hours will be emailed to attendees after the completion of each course.

REGISTER TODAY!

Register online at www.glseminars.com or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH 43617.

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Course Date: _____

Course Fee: \$650

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Expiration Date (Month/Year)

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Security Code

Billing Street Address _____

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“ As always, the instructors are outstanding and I learned a lot about TMD. I love the speed mobs. ” - Chicago, IL