



For More Information:

Phone: 419-969-6099

E-mail: info@glseminars.com

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within 2 weeks (14 calendar days) of the seminar. Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

This course is also available as a private course for your staff. Please visit www.glseminars.com for more details.

2024 Course Schedule

- January 13-14, 2024 - Manasquan, NJ
- March 2-3, 2024 - Hagerstown, MD
- July 13-14, 2024 - Huntsville, AL
- October 19-20, 2024 - Toledo, OH or Live Hybrid

Please check our website for the most updated schedule: www.glseminars.com



**Comprehensive
Treatment of the
Foot & Ankle**

2024



We Don't Just Teach. We Inspire.

75% Hands-On Training
Practice new techniques
with confidence

Passionate Instructors
Learn from specialized
instructors who truly care

The GLS Experience
Be part of a fun weekend
that will fly by

www.glseminars.com

Comprehensive Treatment of the Foot & Ankle

Course Objectives

At the completion of the seminar, the participant will be able to:

- Select the correct mobilization technique, myofascial technique, and correct taping based on a patient's clinical presentation
- Demonstrate the correct hand technique and grading of joint mobilization for specific mobilizations
- Demonstrate specific techniques for MFR of the foot and lower extremity to treat foot and ankle dysfunctions
- Demonstrate specific techniques for taping of the foot and ankle
- Demonstrate treatment progressions for the foot and ankle

Brandon Lorenz, PT, MPT, CIMT

Brandon graduated from Nova Southeastern University with a master's degree in physical therapy and was the recipient of the Dean's Award for the highest scholastic achievement in his class. For over a decade, Brandon has taught manual therapy courses to thousands of physical therapists across the country and educated them on physical therapy techniques with a focus on manual therapy. Additionally, Brandon has pursued extensive continuing education in order to provide patients with advanced manual therapy techniques for the treatment of neck, back and peripheral joint dysfunctions. In addition to holding a master's degree in physical therapy, Brandon is a Certified Integrated Manual Therapist (CIMT). Brandon's expertise is in using a holistic approach when treating patients, with an emphasis on manual therapy techniques such as muscle energy, myofascial release, and low and high amplitude mobilizations. He enjoys working with all types of injuries, but specializes in the evaluation and treatment of all runner-related injuries. He also specializes in foot therapy, including fabrication of orthotics.

Course Outline

Saturday

- 7:30am Doors Open
8:00am Lecture: Introduction, Naming and Understanding FF & RF Dysfunctions, Normal and Abnormal Foot Biomechanics, Common Pathologies from Over Pronation and Supinationng
10:15am Lecture: Foot Function during Gait, Athletic Shoe Discussion, Function of Orthotics, Anatomy Review
12:00pm Lunch (on your own)
1:00pm Lab: Palpation and Evaluation of the Foot/Ankle Complex
3:15pm Lab: Palpation and Evaluation (cont.)
4:00pm Lab: Mobilization of the Ankle: TC, Distal and Proximal Tib-Fib Joints
5:00pm Lab: Review of Evidence-Based Literature
5:30pm Adjourn

Sunday

- 7:30am Doors Open
8:00am Lab: Joint Mobilization of the Rearfoot and Midfoot Joints
9:00am Lab: Joint Mobilization of Forefoot and Hallux Joints
10:15am Lab: MFR of the Foot/Ankle Complex
11:00am Lab: Taping
12:00pm Lunch (on your own)
1:00pm Lab: Taping
2:00pm Orthotic Discussion and Demonstration Lab:
3:00pm Lab: Orthotic Fabrication
4:00pm Case Study and Speed Mobilization Review Lab:
4:30pm Review of Evidence-Based Literature
5:00pm Adjourn

Continuing Education

Our courses are submitted for continuing education approval in the state in which they are held. Please check www.glseminars.com to ensure that the course you are planning to attend is approved in your state. Certificates of completion with the number of course hours will be emailed to attendees after the completion of each course.

REGISTER TODAY!

Register online at www.glseminars.com or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH 43617.

Name _____

Address _____

Phone _____

E-mail _____

Discipline _____

Fax _____

Course Location: _____

Course Date: _____

Course Fee: \$650

☐ Check Payable to: Great Lakes Seminars

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Expiration Date (Month/Year)

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Security Code

Billing Street Address _____

Billing Zip Code _____

“ Instructor was extremely knowledgeable, helpful and experienced. They gave personal experiences related to the topics. Everything was useful and well worth my time/money spent. **”**

- Chicago, IL