



For More Information:

Phone: 419-969-6099

E-mail: info@glseminars.com

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within 2 weeks (14 calendar days) of the seminar. Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

This course is also available as a private course for your staff. Please visit www.glseminars.com for more details.

2024 Course Schedule

- January 20-21, 2024 – Annapolis, MD
- May 18-19, 2024 – Reno, NV
- September 14-15, 2024 – Crystal Lake, IL
- October 26-27, 2024 – Portland, OR
- December 14-15, 2024 – Toledo, OH or Live Hybrid

Please check our website for the most updated schedule: www.glseminars.com



**The Basics of
Sacroiliac Mobilization**

2024



We Don't Just Teach. We Inspire.

75% Hands-On Training
Practice new techniques
with confidence

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that will fly by

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The Basics of Sacroiliac Mobilization

Course Objectives

At the completion of the seminar, the participant will be able to:

- Independently discuss rationale for sacroiliac mobilization
- Independently and correctly perform a sacroiliac evaluation to determine dysfunction
- Correctly perform multiple movement dysfunction tests to ascertain the side of dysfunction
- Correctly palpate the landmarks of the pelvis to ascertain the type of dysfunction present in the pelvic girdle
- Demonstrate the ability to follow the correct order of treatment in the pelvis to best correct dysfunction
- Demonstrate correct application of specific mobilizations



Jason Hepworth
PT, DPT, CIMT

Jason holds a bachelor's degree in Health and Fitness in Preventative and Rehabilitative Programs from Central Michigan University. He also holds a doctorate in physical therapy from Grand Valley State University and is a Certified Integrated Manual Therapist (CIMT) through Great Lakes Seminars. Jason's approach to therapy

encompasses the use of joint and soft tissue mobilization, functional therapeutic exercise and patient education to return his patients to their highest functional level. Jason is always looking for opportunities to learn new things and improve himself as a clinician. Jason, his wife, and two children live in Southeast Michigan.

Course Outline

Saturday

- 7:30am Doors Open
8:00am Lecture: Introduction, Review of pertinent anatomy
9:30am Lecture: Pelvic Girdle Biomechanics: Iliosacral
10:15am Lecture: Pelvic Girdle Biomechanics: Sacroiliac
12:00pm Lunch (on your own)
1:00pm Lab: Diagnostic Testing - Static & Motion Assessment
3:00pm Lab: Treatment of Pubic Dysfunction
4:00pm Lab: Treatment of Iliosacral Dysfunctions - Slips
4:45pm Lab: Review
5:00pm Lab: Review of Evidence-Based Literature
5:30pm Adjourn

Sunday

- 7:30am Doors Open
8:00am Lab: Review of Bony Structures and Diagnostic Testing
9:00am Lab: Treatment of Iliosacral Dysfunctions - Flares
10:00am Lab: Treatment of Iliosacral Dysfunctions - Rotations
10:45am Lab: Treatment of Sacroiliac Dysfunctions
12:00pm Lunch (on your own)
1:00pm Lab: Treatment of Sacroiliac Dysfunctions
2:00pm Lab: Review of Iliosacral Dysfunctions
3:00pm Lab: Review of Sacroiliac Dysfunctions
3:30pm Lab: Speed Mobilizations
4:15pm Lab: Application to Clinical Situations
4:30pm Review of Evidence-Based Literature
5:00pm Adjourn

Continuing Education

Our courses are submitted for continuing education approval in the state in which they are held. Please check www.glseminars.com to ensure that the course you are planning to attend is approved in your state. Certificates of completion with the number of course hours will be emailed to attendees after the completion of each course.

REGISTER TODAY!

Register online at www.glseminars.com or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH 43617.

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Discipline	Fax
Course Location: _____	
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“ Jason was very good at describing dysfunction and sacral positioning in an easy way to understand. ” Glen Burnie, MD