

#### For More Information:

Phone: 419-969-6099

E-mail: info@glseminars.com

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within 2 weeks (14 calendar days) of the seminar. Great Lakes Seminars reserves the right to cancel the course due to unforeseen/ unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

This course is also available as a private course for your staff! Please visit www.glseminars.com for more information.

#### 2024 Course Schedule

- January 20-21, 2024 Toledo, OH or Live Hybrid
- March 16-17, 2024 Oakland, CA
- October 26-27, 2024 Huntsville, AL
- December 7-8, 2024 Newark, NJ

Please check our website for the most updated schedule: www.glseminars.com



# Advanced Dynamic Anatomy: Bridging the Gap Between Anatomy and Treatment

2024



We Don't Just Teach. We Inspire.

75% Hands-On Training
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with confidence

Passionate Instructors Learn from specialized instructors who truly care The GLS Experience
Be part of a fun weekend
that will fly by

# Advanced Dynamic Anatomy: Bridging the Gap Between Anatomy and Treatment

### **Course Objectives**

At the completion of the seminar, the participant will be able to:

- Confidently palpate and correctly differentiate each of the muscles covered in class in the upper extremity, trunk and lower extremity
- Independently demonstrate how 10 muscle dysfunctions relate to common symptom patterns found within the body
- Correctly and independently state and locate the origin and insertion of each of the muscles covered in the class
- Describe at least 5 functional synergist patterns
- Independently state at least 3 possible drivers of a dysfunction based on clinical presentations



Greg Kopp, PT, MPT, OCS, CIMT Greg graduated with his MPT from Oakland University in 1995. He has guest lectured at Oakland University on ACL/PCL surgeries and rehab, and served as a teaching assistant at Oakland for examination procedures

and therapeutic exercise. Greg is currently appointed as a clinical instructor for Oakland University. His treatment approach is eclectic, utilizing Kaltenborn and Paris manual techniques, and muscle energy techniques learned at Great Lakes Seminars. He has used this approach since 1995 working in outpatient orthopedic settings with a very diverse patient population, including sports medicine. Greg's treatment philosophy is to treat the driver of the patient's condition/pathology, and to teach the patient to manage their own condition. He also has an extensive background in weight training and exercise.

#### **Course Outline**

#### Saturday

7:30am Doors open 8:00am Lecture: Introduction, palpation principles, and functional anatomy principles, differentiation between muscle action and function 10:15am Lecture: Etiology of muscle strain/injury, functional synergies 12:00pm Lunch (on your own) 1:00pm Lab: Palpation/functional anatomy of upper extremity 3:15pm Lab: Speed palpation for upper extremity Lab: Case studies for upper extremity 5:00pm Review of Evidence-Based Literature for today's topics

#### Sunday 7:30am

5:30pm Adjourn

Doors open

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8:00am	Review
8:30am	Lab: Palpation/functional anatomy of neck and trunk
10:15am	Lab: Palpation/functional anatomy of neck and trunk con't
11:00am	Lab: Palpation/functional anatomy of lower extremity
12:00pm	Lunch (on your own)
1:00pm	Lab: Palpation/functional anatomy of lower extremity - con't
3:15pm	Lab: Speed palpations for neck, trunk and lower extremity
3:45pm	Lab: Case studies for neck, trunk and lower extremity
4:30pm	Review of Evidence-Based Literature

## **Continuing Education**

5:00pm Adjourn

Our courses are submitted for continuing education approval in the state in which they are held. Please check www.glseminars.com to ensure that the course you are planning to attend is approved in your state. Certificates of completion with the number of course hours will be emailed to attendees after the completion of each course.

#### **REGISTER TODAY!**

Register online at www.glseminars.com or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH 43617.

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Because of the thoroughness of the demonstrations and the fact that it wasn't rushed, made this one of the best con-ed courses I have ever taken!