



**For More Information:**

Phone: 419-969-6099

E-mail: [info@glseminars.com](mailto:info@glseminars.com)

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within 2 weeks (14 calendar days) of the seminar. Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation, Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

This course is also available as a private course for your staff! Please visit [www.glseminars.com](http://www.glseminars.com) for more details.

**2024 Course Schedule**

- March 9-10, 2024 - Boise, ID
- June 8-9, 2024 - Detroit, MI
- December 7-8, 2024 - Lansdowne, VA

Please check our website for the most updated schedule: [www.glseminars.com](http://www.glseminars.com)



## Advanced Manual Therapy Techniques for the Extremities

2024



We Don't Just Teach. We Inspire.

**75% Hands-On Training**  
Practice new techniques  
with confidence

**Passionate Instructors**  
Learn from specialized  
instructors who truly care

**The GLS Experience**  
Be part of a fun weekend  
that will fly by

[www.glseminars.com](http://www.glseminars.com)

# Advanced Manual Therapy Techniques for the Extremities

## Course Objectives

At the completion of the seminar, the participant will be able to:

- Correctly and independently state the anatomy and physiology behind a joint cavitation
- Correctly and independently identify and palpate 5 specific joint dysfunctions
- Correctly and independently identify and palpate 5 specific myofascial dysfunctions
- Correctly and independently perform 5 upper quarter mobilization/MFR techniques
- Correctly and independently perform 5 lower quarter mobilization/MFR techniques

## Ashwin Datt

PT, DPT, CIMT, FAFS, FMR, FGS

Ashwin graduated from San Francisco State University with a degree in kinesiology with an emphasis in human movement studies in 2003. He continued to the University of the Pacific to finish his doctoral degree in physical therapy in 2007. Ashwin's primary focus is outpatient orthopedic and rehabilitative physical therapy, specializing in the treatment of a wide variety of injuries, surgeries and pathologies. He emphasizes a whole-body approach when treating patients. Ashwin started his Great Lake Seminars journey in 2008 and achieved his certification in Integrated Manual Therapy (CIMT) in 2010. Since then, he has assisted many courses for GLS and is excited for his role as a lead instructor. When he is not in the clinic, Ashwin enjoys spending time with his family, hiking, surfing, snowboarding, golfing, gardening and being outside.

## About the Course

Feeling like you want to add more, and unique, skills to your tool belt for treating your extremity patients? This course teaches techniques that are for the everyday and difficult extremity patients who don't respond well to normal treatments.

## Course Outline

### Saturday

7:30am Doors Open  
8:00am Lecture: Introduction, Overview of Mobilizations and MFR  
8:30am Lecture: Key Concepts – Upper Extremity  
10:35am Lecture: Key Concepts – Lower Extremity  
12:00pm Lunch (on your own)  
1:00pm Lab – Shoulder Girdle Complex  
2:45pm Lab – Elbow, Wrist  
4:30pm Review Questions, Self-Assessment, Case Studies  
5:30pm Adjourn

### Sunday

7:30am Doors Open  
8:00am Review Questions  
8:30am Lab - Hip  
10:45am Lab - Knee  
12:00pm Lunch (on your own)  
1:00pm Lab – Foot/Ankle  
3:15pm Review/Critique of Skill in Techniques in Each Area  
5:00pm Adjourn

## Continuing Education

Our courses are submitted for continuing education approval in the state in which they are held. Please check [www.glseminars.com](http://www.glseminars.com) to ensure that the course you are planning to attend is approved in your state. Certificates of completion with the number of course hours will be emailed to attendees after the completion of each course.

## REGISTER TODAY!

Register online at [www.glseminars.com](http://www.glseminars.com) or fill out this form and fax to (419) 730-1216 or mail with payment to: 2768 Centennial Road, Toledo, OH 43617.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Discipline \_\_\_\_\_ Fax \_\_\_\_\_

Course Location: \_\_\_\_\_

Course Date: \_\_\_\_\_

Course Fee: \$650

Check Payable to: Great Lakes Seminars

VISA  MasterCard  AMEX  Discover

Credit Card Number

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Expiration Date (Month/Year)

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Security Code

Billing Street Address \_\_\_\_\_

Billing Zip Code \_\_\_\_\_