



**For More Information:**

Phone: 419-969-6099

E-mail: [info@glseminars.com](mailto:info@glseminars.com)

Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given within two weeks (14 calendar days) of the seminar. Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of a cancellation Great Lakes Seminars will not be responsible for any charges incurred by the registrant other than the course cost.

This course is also available as a private course for your staff. Please visit us on the web at [www.glseminars.com](http://www.glseminars.com) for more details.

### 2023 Course Schedule

- January 7-8, 2023 - Asheville, NC
- April 15-16, 2023 - Waverly, IA
- May 6-7, 2023 - Southern NJ Area
- June 10-11, 2023 - Boise, ID
- July 15-16, 2023 - Toledo, OH & Virtual
- September 9-10, 2023 - Kansas City, MO
- November 4-5, 2023 - Frederick, MD

Please check our website for the most updated schedule: [www.glseminars.com](http://www.glseminars.com)



## An Introduction to Vestibular Rehabilitation

2023



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# An Introduction to Vestibular Rehabilitation

## Course Objectives

- Complete a thorough interview of a patient and hypothesize three potential diagnoses using five key questions outlined in the manual.
- Hypothesize the differential diagnosis of a mock patient who presents with vertigo versus dizziness.
- Complete a thorough examination of a patient, and compare three subjective complaints to the objective findings.
- Identify eight standardized assessment tools for use with patients with a vestibular disorder.
- Perform three specific tests of vestibular function (VNG, Rotary Chair, and Sensory Organization Testing).
- Correctly demonstrate the bedside oculomotor exam and interpret the results.
- Distinguish between canalithiasis and cupulolithiasis and accurately locate the involved canal.
- Justify the use of a specific treatment theory (habituation, adaptation, and/or substitution), and design a treatment plan specific to that patient, given a patient's diagnosis and findings through an objective exam.
- Describe two potential psychological manifestations that may occur with prolonged episodes of dizziness.

## Michelle Cornwell, PT

Michelle received her Bachelor of Science degree from Northern Arizona University (NAU) in Exercise Science in 1991, followed by her Master's in Physical Therapy from NAU in 1994. After spending 4 years in the inpatient hospital rehab setting, she became interested in treatment of vestibular disorders and transitioned to a hospital-based outpatient setting. Michelle received certification in Vestibular Rehabilitation through a competency based course in 2003, and went on to receive an advanced certification in Vestibular Rehabilitation in 2007 through Emory University. Since this time, Michelle has taught several courses for physical and occupational therapists, for both inpatient and outpatient settings, and has continued to further her education through advanced vestibular courses. She believes in a strong education component when treating patients, as well as an integrated approach to their condition in order to promote self-management and return to their prior activity level. Michelle is married with 2 children and lives in Mesa, Arizona. In her spare time, she enjoys exercising, baking and spending time with friends and family.

## Amy M. Yorke, PT, PHD

Amy has been a physical therapist since 1993. She graduated from the University of Michigan-Flint with a master's degree in physical therapy and from Western Michigan University with a PhD in Interdisciplinary Health Sciences. She is Board Certified in Neurologic Physical Therapy.

Amy has taught topics related to neurologic rehabilitation, including vestibular rehabilitation, for 20 years. She is currently on faculty at the University of Michigan-Flint and maintains an active practice through HEART, a pro bono clinic at UM-Flint.

## Course Outline

### Saturday

- 7:30am Continental Breakfast, Pre-Test
- 8:00am Lecture: Anatomy and Physiology of the Vestibular System
- 9:45am Lecture: Diagnosis of Benign Paroxysmal Positional Vertigo (BPPV)
- 10:15am Lab: Diagnostic Maneuvers for BPPV
- 12:00pm Lunch (on your own)
- 12:30pm Lab: Treatment of BPPV
- 2:30pm Lecture: Pathophysiology of Common Vestibular Disorders
- 3:15pm Lecture: Taking a History
- 3:45pm Lab: Oculomotor Exam
- 4:45pm Lab: Questions and Review
- 5:30pm Adjourn

### Sunday

- 7:30am Continental Breakfast
- 8:00am Lab: Review of Day 1
- 8:30am Lecture: Quantified Tests of Vestibular Function
- 10:00am Lab: Standardized Assessment Tools
- 10:45am Lecture: Treatment Theory
- 11:00am Lab: Psychological Manifestations of Dizziness
- 11:30am Lab: Speed Drills: Oculomotor Exam and BPPV
- 12:30pm Lunch (on your own)
- 1:30pm Lecture: Treatment Intervention
- 3:00pm Lab: Case Preparation and Presentations
- 4:30pm Lab: Questions and Review; Post-Test
- 5:00pm Adjourn

## Continuing Education

This course has been submitted for 16 continuing education hours. Approval amounts may vary per state. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

## REGISTER TODAY!

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“ Organized, clear, concise presentation of information. Instructors were highly knowledgeable. Time flew by! ”

- Chicago, IL