



## 2020 Course Schedule

- January 11-12, 2020 - Newark, NJ

### For More Information:

Phone: 1-800-210-5856

E-MAIL: [info@glseminars.com](mailto:info@glseminars.com)

This course is also available as a Private Course for your staff. Please call 1-800-210-5856 or visit us on the web at [www.glseminars.com](http://www.glseminars.com) for more details. Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given after the two week (14 calendar days) mark before a seminar. Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of cancellation Great Lakes Seminars will not be responsible for any charges incurred by the registrant due to cancellation of the course, other than the course cost.

2768 Centennial Road  
Toledo, OH 43617  
800-210-5856  
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## Manual Therapy Treatment of the Temporomandibular Joint

### 2020



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# Teaching Self Treatment: Empowering Your Patient to Maximize Their Outcomes

## Course Objectives

At the completion of the seminar, the participant will be able to:

- (given a patient record) quantify progress represented in the four objective measurement results for the treatment of the temporomandibular joint and cervical spine.
- correctly palpate the primary and accessory muscles of the temporomandibular joint and neck.
- design a treatment plan of care for the primary and accessory muscles of the temporomandibular joint and neck
- correctly and independently perform at least 8 basic mobilizations of the temporomandibular joint and cervical spine as shown in the manual.
- design an instructional program or materials for posture, strengthening and stretching exercises for the temporomandibular joint and neck as shown in the manual.



**Katherine Tan,**  
PT, MS, OCS, CCTT

Katherine graduated with a Master of Science in physical therapy from the University of Alabama at Birmingham in 1999. She practices physical therapy in the areas of orthopedics and manual therapy and is certified as an Orthopedic Clinical Specialist (OCS) through the American Physical Therapy Association. In 2008, she became a Certified Cervical and Temporomandibular Therapist (CCTT). By earning this advanced specialty certification, Katherine has been recognized by the American Academy of Orofacial Pain for her dedication to the treatment of neck, jaw, and head pain. She currently works for Fishbein Physical Therapy in New York City and is enrolled in a residency program in Functional Manual Therapy.

## Course Outline

### Saturday

- 7:30am Continental Breakfast, Pre-Test  
8:00am Lecture: Introduction, Anatomy: Bones, Joint, Articular Disk, Disk Attachments, Ligaments  
10:15am Lecture: Anatomy: Primary Muscles of Mastication, Suprahyoid, Infrahyoid  
11:30am Lecture: Motions of the TMJ  
12:00pm Lunch (on your own)  
1:00pm Lecture: Gathering Subjective Information  
2:00pm Lab: Measure Posture, Observe Respiration, Inspection of Teeth, Measure Jaw Motions  
3:00pm Lab: Palpate Joint Opening, Begin External Muscular Palpation and MFR  
5:00pm Lab: Review of Evidence-Based Literature  
5:30pm Adjourn

### Sunday

- 7:30am Continental Breakfast  
8:00am Lab: Continue Muscular Palpation and MFR  
9:30am Lab: Intraoral Palpation  
10:15am Lab: TMJ Mobilizations  
12:00pm Lunch (on your own)  
1:00pm Lab: OA Joint Dysfunction, Cervical Joint Dysfunctions  
3:45pm Lab: Case Studies/ Speed Mobilizations/MFR  
4:30pm Lab: Review of Evidence-Based Literature  
5:00pm Adjourn

## Continuing Education

This course has been submitted for 16 continuing education hours. Approval amounts may vary per state. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

## REGISTER TODAY!

Register online at [www.glseminars.com](http://www.glseminars.com), fill out the below form and fax to Great Lakes Seminars at 800-889-0358 or mail your registration and payment to: 2768 Centennial Road, Toledo, OH 43617.

Name \_\_\_\_\_

Address \_\_\_\_\_

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Course Location: \_\_\_\_\_

Course Fee: \$575

Check Payable to: Great Lakes Seminars

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Security Code

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Confirmation Letter:

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“ As always, the instructors are outstanding and I learned a lot about TMD. I love the speed mobs. ” - Chicago, IL