



**For More Information:**

Phone: 1-800-210-5856

E-MAIL: [info@glseminars.com](mailto:info@glseminars.com)

This course is also available as a Private Course for your staff. Please call 1-800-210-5856 or visit us on the web at [www.glseminars.com](http://www.glseminars.com) for more details. Payment in full is due with registration and there is a non-refundable cancellation fee of \$50. There will be no refunds given after the two week (14 calendar days) mark before a seminar. Great Lakes Seminars reserves the right to cancel the course due to unforeseen/unavoidable circumstances. In the event of cancellation Great Lakes Seminars will not be responsible for any charges incurred by the registrant due to cancellation of the course, other than the course cost.

### 2020 Course Schedule

- February 8-9, 2020 - Grand Rapids, MI
- March 7-8, 2020 - NY/CT Area
- September 19-20, 2020 - Washington DC Area
- November 14-15, 2020 - Madison, WI
- December 12-13, 2020 - Atlanta, GA

2768 Centennial Road  
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## Comprehensive Treatment of the Foot & Ankle

### 2020



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# Comprehensive Treatment of the Foot & Ankle

## Course Objectives

At the completion of the seminar, the participant will be able to:

- demonstrate the ability to select the correct mobilization technique, myofascial technique, and correct taping, balance re-education or orthotic technique based on a patient's clinical presentation.
- demonstrate the correct hand technique, the correct grading of joint mobilization, and describe the specific physiologic effects of joint mobilization.
- demonstrate the correct specific techniques for MFR of the foot and lower extremity to treat foot and ankle dysfunctions.
- demonstrate the correct specific techniques for taping of the foot and ankle.



**Brandon Lorenz,**  
PT, MPT, CIMT

Brandon graduated from Nova Southeastern University with a master's degree in physical therapy and was the recipient of the Dean's Award for the highest scholastic achievement in his class. For over a decade, Brandon has taught manual therapy courses to thousands of physical therapists across the country and educated them on physical therapy techniques with a focus on manual therapy. Additionally, Brandon has pursued extensive continuing education in order to provide patients with advanced manual therapy techniques for the treatment of neck, back and peripheral joint dysfunctions. In addition to holding a master's degree in physical therapy, Brandon is a Certified Integrated Manual Therapist (CIMT). Brandon's expertise is in using a holistic approach when treating patients, with an emphasis on manual therapy techniques such as muscle energy, myofascial release, and low and high amplitude mobilizations. He enjoys working with all types of injuries, but specializes in the evaluation and treatment of all runner-related injuries. He also specializes in foot therapy, including fabrication of orthotics.

## Course Outline

### Saturday

- 7:30am Continental Breakfast  
8:00am Lecture: Introduction, Naming and Understanding FF & RF Dysfunctions, Normal and Abnormal Foot Biomechanics, Common Pathologies from Over Pronation and Supinationng  
10:15am Lecture: Foot Function during Gait, Athletic Shoe Discussion, Function of Orthotics, Anatomy Review  
12:00pm Lunch (on your own)  
1:00pm Lab: Palpation and Evaluation of the Foot / Ankle Complex  
3:15pm Lab: Palpation and Evaluation (cont.)  
4:00pm Lab: Mobilization of the Ankle: TC, Distal and Proximal Tib-Fib Joints  
5:00pm Lab: Review of Evidence-Based Literature  
5:00pm Adjourn

### Sunday

- 7:30am Continental Breakfast  
8:00am Lab: Joint Mobilization of the Rearfoot and Midfoot Joints  
9:00am Lab: Joint Mobilization of Forefoot and Hallux Joints  
10:15am Lab: MFR of the Foot / Ankle Complex  
11:00am Lab: Taping  
12:00pm Lunch (on your own)  
1:00pm Lab: Taping (cont.)  
2:00pm Orthotic Discussion and Demonstration Lab:  
3:00pm Lab: Orthotic Fabrication  
4:00pm Case Study and Speed Mobilization Review Lab:  
4:30pm Review of Evidence-Based Literature  
5:00pm Adjourn

## Continuing Education

This course has been submitted for 16 continuing education hours. Approval amounts may vary per state. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

## REGISTER TODAY!

Register online at [www.glseminars.com](http://www.glseminars.com), fill out the below form and fax to Great Lakes Seminars at 800-889-0358 or mail your registration and payment to: 2768 Centennial Road, Toledo, OH 43617.

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Course Location: \_\_\_\_\_  
Course Fee: \$575

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Confirmation Letter:  
 Mail  Email  Fax

“ Brandon was extremely knowledgeable, helpful and experienced. He gave personal experiences related to the topics. Everything was useful and well worth my time/money spent. ”

- Chicago, IL